

## **Team Evolution Athlete Test Camp, Summer 2011**

The Team Evolution programme is a hugely desirable training option that works with a small team of committed athletes, as part of a 12-month training schedule. These athletes, as part of Team Evolution, have exclusive and unlimited access to the programme and its coaches throughout the season, because the Team does not introduce more athletes once its training groups are confirmed. Part of the Team Evolution ethos is to commit to its athletes, as they commit to the programme, giving direct and full attention to those athletes that commit to training as part of the set up.

In order to give potential new Team Evolution trainees and parents the chance to see, trial and fully understand the Team Evolution set up, we are inviting select athletes and parents to attend a Team Evolution "Test Camp" between the 24<sup>th</sup> – 31<sup>st</sup> July 2011. During this training block potential athletes for the 2011/12 season will be invited to take part in the summer unit of the Team Evolution programme, including all aspects described below, while parents will have the opportunity to ski and meet with staff, to discuss how the unique Team Evolution programme can offer the best training option for UK athletes.

### ***Training***

Potential Team Evolution athletes will have the opportunity to work in their relevant training groups, at times alongside current Team Evolution athletes. Minis athletes will work with a specific Minis coach, while Children athletes will have full flexibility between 2 members of coaching staff, and both groups will work with our fitness coaches.

Training will run on the same schedule as all Team Evolution Summer Camps, giving parents and athletes an opportunity to understand what is on offer for future seasons. Athletes will train both disciplines, in order to give Team Evolution staff the best idea of ability, so should come prepared for a full intensity training week. We aim to explain the importance of a fully structured training programme to the athletes and parents, to expose them to the work that Team Evolution does with current National Team members, and to explain the choices available for promising skiers in a fun environment.

### ***Travel & Transport***

Athletes and parents can fly into Salzburg on Sunday 24th July on the Stanstead Ryanair FR304 flight, where Team Evolution staff will collect them and transport them to resort. On the return leg of the journey on Sunday 31st, Team Evolution staff will drop all athletes and parents at Salzburg airport for the Ryanair FR305 flight into Stanstead. Athletes & parents will need to book these flights themselves. All travel in resort will be covered throughout the duration of the camp. Alternatively, parents and athletes can make their own way to resort, arriving prior to 1pm on the Sunday 24th, and should aim to leave by 1pm on Sunday 31st.

### ***Education***

While the Test Camp falls during the school holidays, and as such does not include the Team Evolution Educational Programme, new parents and athletes will be shown the Educational facilities. Throughout the winter months athletes will be expected to attend school between 2.30pm and 5.30pm each day, and the working of the Educational Programme will be explained to new trainees and parents of trainees will be given the chance to visit the school and talk with Team Evolution staff about what the Team Evolution programme has to offer.

### ***The Pastoral Care***

Our live-in house parents, based at the Team Evolution facility in St Johann, provide pastoral care throughout the season. During the period of the Test Camp Lorraine Lowe will be acting as House Parent, with support from Yannick Green, and will be available to assist athletes and talk with parents. It is the duty of our house parents to put the needs of the athletes first, and act in a loco parentis role should any situation require.

To see a copy of our child protection policy in advance, please email a member of staff.

### ***Costs***

This Test Camp is limited to 8 new athletes and parents, and will provide a unique insight into the workings of a successful and professional training setup, for those athletes serious about their sport.

The trainee ratios will be kept at 4:1 within the coaching groups, working alongside existing Team Evolution athletes as part of their ongoing 14-day camp.

The cost of the 7 day Test Camp Camp is £899, and booking is available on the Team Evolution website – **www.teamevolution.eu**. Attending parents should email to arrange their logistics, plans & costs for duration of the camp.

***In order to take up a place on the camp, or for further details, please email [info@teamevolution.eu](mailto:info@teamevolution.eu) or call +44 7870 682477***