



London & South East Regional Snowsports Association

RACE RULES & FORMAT FOR 2023 AND UNTIL FURTHER NOTICE

1. The format for LSERSA Regional races is to be in three parts.
2. There will be an Individual Slalom competition of 3 runs through the same course. Results will be determined by the two best times. Racers will ski in bib number order using the same order for all three runs. Bib order will be determined by the age of the competitor. Racers in age groups U8, U10 and U12 will race through stubby gates.
3. All racers will be drawn into three rounds of Head-to-Head races, based on their performance in the Individual Slalom. Racers will be drawn into "boxes" of four — that is, the slowest four racers will compete against each other, followed by the fifth to eight fastest, and so on until the fastest four. Where the number of racers is not divisible by four, byes will be allocated in the first (slowest) group of racers. A point will be awarded for the winner of each race, which will be added to the season points total. In the event of a racer not starting, the other competitor must take the start in order to gain a point.
4. Following the individual competitions, there will be club team and fun team dual slalom races, which will typically be run as a knockout competition but may (at discretion of Race Control) be run as mini leagues (with each time racing all other teams in their league). Race Control reserves the right to change the race format at an event if deemed necessary, or to cancel it, for example if there are adverse weather conditions or time constraints. Clubs will be invited to enter one or more teams of 5 racers (or 3 racers for a "minis" competition). The remaining skiers will be allocated to fun teams according to their best individual special slalom run such that the teams are as closely matched as possible.

Racers will be automatically entered for the fun team dual slalom and need to say at bib collection if they do not wish to take part. It is very important that racers let Race Control know as soon as possible if they later change their mind for whatever reason. Choosing not to take part (or simply not turning up) after the teams has been drawn causes organisational problems and impacts on the event for those taking part.

5. The timetable of the day will be:
 - 0800 – Race office opens for bib issue
 - 0830 – Open practice
 - 0900 – Course setting
 - 0915 – Officials meeting
 - 0920 – Course inspection (U14 & above through full gates)
 - 0940 – Course inspection (U12 & below through stubby gates) including gate change
 - 0945 – Start first run of Individual Slalom, then Head-to-Head, team events and prizegiving
6. Registration will close at 7.00 pm on the Wednesday preceding each race. The Individual Slalom start list will be published on later than the end of the Friday before the race. Late entries will not be accepted.
7. Race entry fees will be £18.00 for a single entry (subject to review annually).
8. All skiers are welcome to participate regardless of the region they are registered with and will be eligible to win medals for individual races.
9. All entrants will be eligible for the end of season overall positions and medals. A minimum of 3 races must be successfully finished to qualify for an end of season award. The best 4 races to count, with other races being used to determine positions in the event of a tie.

Details of the individual special slalom

The individual special slalom will be run according to the rules used by SSE for Club National races modified as follows:

1. Bib order will be determined by age of competitors, with the youngest competitor skiing first. Additionally racers in groups U8, U10 and U12 will race through stubby gates.
2. Results will be determined by adding the best two times from the three runs.
3. Racers will ski in Bib number order, using the same order for all three runs.
4. Gatekeepers will be in place to check the correct passage through the gates. They will record any faults by a racer on a sheet and will also indicate immediately that there has been a fault and the racer has been disqualified. This will be announced by the commentator and applied immediately. Any objections to the announced disqualification or published results must be made immediately to the race office.
5. Prizes will be awarded to the first three racers in each age group. Male and female racers will be treated separately.
6. Racers are awarded points as follows: 1st: 15, 2nd: 12, 3rd: 10, 4th: 8, 5th: 6, 6th: 5, 7th: 4, 8th: 3, 9th: 2, 10th: 1 for each age group. Points must have been awarded at a minimum of 3 races to qualify for an end-of-season award. The best 4 races to count, with other races being used to determine positions in the event of a tie.
7. A calculation of fastest racer will be made and used to determine the overall winners of the series. A minimum of 4 races must be successfully finished to qualify for an award. For each race a value is calculated as follows:

$$100 - \left(\left(\frac{time^{racer} - time^{winner}}{time^{winner}} \right) \times 100 \right)$$

The average of the 4 best values is used to determine the order.

8. A 'best' club will be determined from the results of the Individual Slalom, as follows:
 - a. Teams of 5
 - b. Team member 1 is best in Groups U10 and U12
 - c. Team member 2 is best other in Groups U10, U12, U14 and U16
 - d. Team member 3 is best other in Groups U10, U12, U14 and U16
 - e. Team member 4 is best other in Groups U10, U12, U14, U16, U18 and U21
 - f. Team member 5 is best other
 - g. There must be one skier of each sex in each team. This rule is enforced when selecting team member 5. In special circumstances a club may be exempt from this rule, e.g. Surbiton High
 - h. Race times are used.
 - i. Teams are awarded points for each race as follows: 1st: 15, 2nd: 12, 3rd: 10, 4th: 8, 5th: 6, 6th: 5, 7th: 4, 8th:3, 9th: 2, 10th: 1
 - j. Prizes will be awarded only at the end of the season. In the event of a tie, the number of wins will determine the winner, and then the number of 2nd places etc.
9. All results will be published live on the skiresults.co.uk website.

Details of Team Dual Slalom Races

The team dual slalom races consist of two competitions, a club competition and a 'scratch (fun) team' competition.

Club Teams

1. Each club will be able to enter one or more teams of 5 racers, and (if being run) "mini" teams (U12 and younger) of 3 racers. The rule concerning 'must contain at least one racer of each sex' was removed in 2014. Teams must be received by Race Control prior to the end of the Individual Slalom.
2. The club teams will be seeded according to the sum of the best run times of its members from the Individual Slalom, such that for a given club Team A is expected to be faster than Team B.
3. The club team event will normally be run as a knockout competition, from a random draw generated by Race Control. Alternatively, and at the discretion of Race Control, teams may be allocated to mini leagues based on their seeding. Allocations may be slightly modified to ensure that teams from the same club are not in the same box. The aim is to have four teams in each league, to give each team three races, but this may be different for some teams and depends on the number of teams entered.

Scratch (Fun) Teams

1. All remaining racers that have not opted out will then be sorted into teams according to their best run time from the Individual Slalom, in order to produce teams that are as evenly matched as possible.
2. In the event that the number of remaining racers is not divisible by 5, race control will appeal for extra skiers or for skiers to drop out. In the event that there are insufficient volunteers to make this adjustment, Race Control will decide who is to drop out.
3. Skiers without a valid time from the Slalom will be allocated a time by Race Control.
4. The teams will be seeded according to the sum of the best run times of its members from the Individual Slalom.
5. The teams will normally compete in a knockout competition, as for the club teams, but at the discretion of Race Control may be allocated to mini leagues based on their seeding. The aim is to have four teams in each league, to give each team three races, but this may be different for some teams and depends on the number of teams.
6. It is very important that racers let Race Control know whether they are intending to take part in the Team Dual Slalom races and to not change their mind without letting Race Control know. Just failing to turn up makes organisation very difficult and inconveniences other racers.

Running the Races

1. The stages of each competition will be intermingled, with semi-finals and finals of each following the initial knockout or league rounds. Race Control reserves the right to change this on the day, if it sees fit.
2. In the event of a league competition, each team will race each other team in their mini league once. The course, red or blue, will be allocated so that each team races on each course the same number of times, or as near as possible.
3. In each league race, teams will be awarded 3 points for a win, 1 point for second and 0 points for not finishing or being disqualified.
4. The order of the teams in the mini league will be decided by the total points gained by each team. In the event of a tie Team A will be placed above Team B if they have beaten Team B.
5. On each race day at the discretion of Race Control and depending on the number of teams and time available, the final stage of racing will either be another knockout or mini league competition, using the top one or two teams of each league (or direct qualifiers from an initial knockout). This will determine the podium positions.

6. In the event that a racer cannot take part in a team race, through injury or by just not turning up or otherwise, Race Control will find a substitute racer (preferably, but not necessarily, of similar ability) who has otherwise finished racing.
7. Prizes will be awarded to the first three positions in each competition.
8. Club Teams are awarded points for each race as follows: 1st: 8, 2nd: 5, 3rd: 3, 4th: 1.
9. Points are only awarded to the best placed team from each club.
10. At the end of the season a trophy will be awarded to the club with the most points. In the event of a tie, the number of wins will determine the winner, and then the number of 2nd places etc.